



# Sevier County 4-H *Demonstration Contest*

## What is a Demonstration?!

- Showing **how** to do something.
- Showing **how** something is made.
- Showing **how** something works.

## Preparing for your demonstration!

- **Select your topic!**
  - Must relate to a 4-H Project Area (see back for project list)
  - Choose a topic you know something about, or enjoy talking about.
- **Decide how you will teach your topic.**
  - Use step-by-step instructions
  - Be specific and explain what you are doing.
- **Select Materials**
  - Use supplies and props to demonstrate with
  - Follow school rules (nothing dangerous or against school policy)
  - No live animals!
  - Be Creative!
- **Design your posters.**
  - Use a trifold board, poster, or set of posters.
  - List your steps and supplies on your poster(s).
  - Include a Title!
- **Format and practice your presentation.**
  - Introduction
  - “Show and Tell” all of your materials
  - Step-by-Step Instructions
  - Conclusion

***Grades 4 & 5***

**Time  
Limit:  
3-5  
Minutes**

### ***Sevier Co. Extension Agents***

Sami Albright      Mo Smith  
Salbrig4@utk.edu    msmit380@utk.edu

***Sevier Co. Extension Office  
752 Old Knoxville Highway  
Sevierville, TN 37871  
(865) 453-3695***



## The 4-H Project Areas!

Your Demonstration should relate to one of these areas. Awards will be given out per project area, instead of by grade!

Beef	Goat
Citizenship	Horse
Clothing & Textiles	Horticulture/Garden
Communication	Leadership
Companion Animal	Personal Development
Computers & Technology	Line & Design
Consumer	Nutrition, Health & Fitness
Education/Economics	Outdoor Education/Shooting Sports
Dairy	Performing Arts
Electric	Photography
Engineering/Safety Science	Plant Science
Entomology	Poultry
Entrepreneurship	Sheep
Food Science	Swine
Forestry/Wildlife/Fisheries	Veterinary Science

---

## Need demonstration ideas?

How to Sew on a Button	How an Engine Works
How to Make Chocolate Chip Cookies	Learning About a Camera
How to Plant a Flower	How to Play Basketball
How to Make Healthy Snacks	How a Circuit Works
How to Care for a Cat	Fishing Safety
How to Give a Dog a Bath	How to Make a Bracelet

---

## Helpful Hints

No audience Participation!  
Remember to speak loud and clear.  
Don't forget to have good eye contact.  
Have good posture, don't slouch or lean on the table.  
PRACTICE at home so you are prepared!  
SMILE and have fun!

